

## Ontario Making It Easier for Youth in Port Hope to Connect to Mental Health Services

New Youth Wellness Hub will provide support closer to home

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[Health](#)

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PORT HOPE — The Ontario government is making it faster and easier for young people to connect to mental health and substance use services by launching a new Youth Wellness Hub to serve Port Hope and surrounding areas. This is one of the 10 new hubs that the government is adding to the network of 22 hubs already opened since 2020, bringing the total to 32 across the province.

“Under the leadership of Premier Ford, our government is continuing to take action to improve mental health and addictions services in communities across Ontario, and support people and their families living with mental health and substance use challenges,” said Sylvia Jones, Deputy Premier and Minister of Health. “As we expand the number of Youth Wellness Hubs across the province, young people in Port Hope can connect to the mental health and addictions care they need, in one convenient location, closer to home.”

In Port Hope, the new hub will be permanently located at 15 Cavan Street, beginning in 2025. It will connect youth aged 12 to 25 and their families in Northumberland County and Alderville First Nation, to convenient and free mental health, substance use and primary care services in a safe, youth-friendly space. Rural communities in the area will also be supported by a mobile hub model, making it easier for youth to drop in for in-person counselling or peer support close to their home.

Other services provided through the hub will also include family support, education, employment, housing and access to community programs such as financial assistance for recreational programs and legal support. These services will focus on delivering culturally appropriate and trauma-informed care.

“By continuing to expand our network of Youth Wellness Hubs, our government is ensuring youth across the province have convenient access to the highest-quality mental health and addictions supports, when and where they need them,” said Michael Tibollo, Associate Minister of Mental Health and Addictions. “Port Hope’s new Youth Wellness Hub will be a place for young people to feel safe and connected to a community that supports them and helps equip them with the tools they need to face life’s challenges.”

With Your Health: A Plan for Connected and Convenient Care, the government has significantly expanded the number of Youth Wellness Hubs across the province to make it faster and easier for young people to connect to mental health and substance use support, primary care, social services, and more.

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### Quick Facts

- Between 2020 and 2023, Ontario established a provincial network of 22 Youth Wellness Hubs that have connected 43,000 youth and their families to mental health, substance use, and wellness services, accounting for over 168,000 visits.
- Reflecting on this success, Ontario is adding 10 more hubs to the Youth Wellness Hubs Ontario program: five new hubs will be located in Port Hope, Thunder Bay, Oxford County, Vaughan and Brampton, with another five hubs to be funded through Budget 2024 with an investment of \$8.3 million over three years, with locations to be announced.
- The 22 Youth Wellness Hubs currently operating across the province are serving over 31 communities: Algoma, Central Toronto, Chatham Kent, Eastern Champlain (Cornwall & SDG and Rockland & Prescott Russell), Haliburton County, Kenora, KFLA Region, London-Middlesex, Malton (includes Peel Region and Mississauga), Niagara Region, North Simcoe, Renfrew County, Sagamok Anishnawbek First Nation, Sarnia-Lambton, Scarborough, Sudbury, Thornccliffe Park, Timmins, Toronto East, Wellington-Guelph, West Toronto and Windsor-Essex.
- Ontario is investing \$3.8 billion over 10 years to fill gaps in mental health and addictions care, create new services and expand programs through Roadmap to Wellness.
- As part of Budget 2024, Building a Better Ontario, the government is building on its work through the Roadmap by investing an additional \$396 million over three years to improve access and expand existing mental health and addictions services and programs.

## Quotes

"Our government realizes that there are youth across the province who need mental health supports closer to home, so they can continue to thrive in our rural communities. This new Youth Wellness Hub in Port Hope will serve the youth across Northumberland County and ensure they have sufficient wrap around supports and receive better quality care when they need it most."

**- David Piccini**  
**MPP, Northumberland—Peterborough South**

"I am thrilled to welcome Rebound Child and Youth Services Northumberland and their network partners into the Youth Wellness Hubs Ontario (YWHO) network. Thank you to the Government of Ontario and the collaborative community partnerships that have made the development of this hub possible. This critical investment provides young people in Northumberland County with an inclusive, welcoming space where they can walk in and access a full range of integrated mental health, substance use health, primary care, housing, employment, recreation, and other support services that meet their individual level of need. Together we continue to work towards positive outcomes with and for all youth in Ontario."

**- Dr. Jo Henderson**  
**Executive Director, Youth Wellness Hubs Ontario (YWHO)**

"The Youth Wellness Hub Port Hope/Northumberland is a welcomed addition to the local region and is a testament to the concerted efforts of the Ontario government and community leaders. Their work has paved the way for positive change that will benefit many individuals and families in the area. At Cameco, we recognize the importance of mental health support and are proud to support this worthy initiative. Together with our partners, we aim to foster a healthy and supportive environment for everyone in our community."

**- Tim Gitzel**  
**President and CEO, Cameco Corporation**

"Today marks a momentous occasion as we celebrate the grand opening of the Youth Wellness Hub. This innovative initiative stands as a beacon of hope and support for our young people, offering a comprehensive range of services from mental health and substance use supports to primary health care and social integration. I would like to extend a heartfelt thank you to the Province for their invaluable partnership and generous funding, which made this vision a reality. By investing in the well-being of our youth, we are investing in the future of our community. Let's continue to empower our young people to thrive, not just survive, in these challenging times."

- Olena Hankivsky  
Mayor, Municipality of Port Hope

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#### **Additional Resources**

- [Ontario Making It Easier for Youth in West Toronto to Connect to Mental Health Services](#)
- [Your Health: A Plan for Connected and Convenient Care](#)
- [2024 Ontario Budget: Building a Better Ontario](#)
- [Roadmap to Wellness: A Plan to Build Ontario's Mental Health and Addictions System](#)
- [Find out how you can access mental health support](#)

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#### **Related Topics**

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