

# WALK-IN COUNSELLING CLINIC

FOR CHILDREN, YOUTH  
AND ADULTS  
(AGED 7 AND UP)

NORTHUMBERLAND HILLS HOSPITAL  
COMMUNITY MENTAL HEALTH SERVICES OFFICE  
(ABOVE HAKIM OPTICAL)

1011 ELGIN STREET WEST, SUITE 200, COBOURG,  
\*CALL 905-377-9891

\*DUE TO COVID RESCRPTIONS - IF POSSIBLE, CALL FOR AN  
APPOINTMENT BEFORE ATTENDING THE CLINIC

TUESDAYS 8:00AM-4:00PM AND  
THURSDAYS 10:00AM-6:00PM

VISIT [WWW.MENTALHEALTHWALKINCLINIC.CA](http://WWW.MENTALHEALTHWALKINCLINIC.CA)  
TO LEARN MORE



NORTHUMBERLAND HILLS  
HOSPITAL

