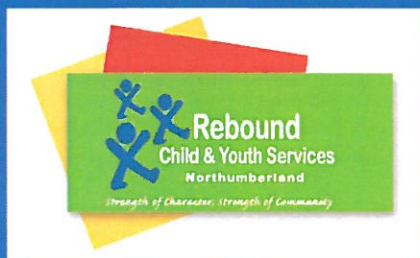


Rebound Child & Youth Services Northumberland

2015-2016 Annual Report



Rebound Child & Youth Services Northumberland

OUR Vision: All children and youth have the opportunity to grow to their fullest potential. Their success is our priority

OUR Mission: To provide children, youth and their families with programs and supportive services that build strength of character, and strength of community for the purposes of positive change.

OUR Values:

Children, Youth and Families: We believe children and youth are our priority. For our community to prosper in the future, children and youth must have opportunities to grow and develop. Sometimes they need support and assistance so that they have the best possible opportunity to reach their fullest potential.

Strength of Community: We believe that strong communities are built with volunteer commitment together with community partners and collaboration, all of which strengthen children, youth and their families.

Programs & Services: We believe in addressing community and individual needs through high quality programs and services, which provide strength of character and strength of community for the purpose of positive change and success .

Agency Philosophy: We believe that our most important resource is our people and as an agency we work together at all levels with respect, honesty and integrity.

Strength of character,

Rebound Child & Youth Services Northumberland

STRATEGIC DIRECTION: 2016-2018

- **Strategic Direction-Objective #1**

Advocating for children & youth to be the champion and voice for the children and youth of Northumberland County.

- **Strategic Direction-Objective #2**

Enhance service capacity: Ensure that Rebound delivers programs and services that meet the needs of the community, and specifically for children and youth between the ages of 4 – 23, and the families that support them.

- **Strategic Direction-Objective #3**

Strengthen financial stability through a coherent funding model.

Diversify our funding model through the development of a comprehensive fund development plan to increase non-government funding.

- **Strategic Direction-Objective #4**

Enhanced outreach and collaboration: To become as an integral part of the supportive service system for children and youth in Northumberland through integrated collaborative partnerships.

- **Strategic Direction-Objective #5:**

Promoting Effective Leadership: To promote excellence in governance and administrative leadership through capacity building, leadership training, effective succession planning and professional development.

strength of community

Message from the Executive Director:

It's hard to believe that twelve months have passed since our last Annual General Meeting, a year in which we have continued to look for new and innovative ways to serve the children and youth of our community. We are continuing to strengthen relationships and collaborative opportunities with community partners in order to enhance our programs and services, but more importantly to work towards accessible and seamless service pathways for our mutual clients, many of whom have complex needs.

Ontario has developed a Mental Health and Addictions Strategy, and Moving on Mental Health is part of this Strategy. Rebound, together with a number of other community agencies is actively engaged in helping to inform this strategy from a Northumberland perspective. We have been actively supporting the lead agency for this area – Children's Mental Health Services of Belleville, as they engage with the children, youth and their families within Northumberland, to learn which services are important to our community. This community engagement will help us to develop a clear planning process for the provision of important child and youth mental health services, and to enable smooth transitions for older youth entering the adult mental health system.

This is the time of year where I have a special opportunity to publicly acknowledge the hard work and dedication of our staff team. Their caring, compassion and genuine desire to help each and every one of our clients is second to none – thank you! I would also like to thank our Board of Directors, each of whom dedicates countless hours to ensure that Rebound remains a vital and dynamic organization. I would also like to thank the small but mighty army of program and committee volunteers who selflessly give of their valuable time to work with our terrific clients, and to help Rebound be a responsive and multi-dimensional organization.

It is my honour to thank the individual donors, as well as our corporate and business partners and sponsors for their financial and in-kind support over the last twelve months. I cannot over-emphasize the importance of this support and the gratitude we feel for your generosity. This support has enabled us to expand some of our programs such as YOURS and the Homework Club, and add new collaborative programming such as Triple P Positive Parenting Programming. In the last fiscal year we served over 700 clients – that's an increase of 27% from the year before! The support of our donors and sponsors has enabled us to meet this increased demand. Thank you!

I would also like to acknowledge and thank the Ministry of Children & Youth Services, The Ontario Trillium Foundation and the Ministry of the Attorney General for their operational and project funding.

Last year we engaged in an organizational visioning review which informed our Strategic direction for the next two years. As an agency we have adopted outcome measures for each of our programs and services. This important information helps us to effectively manage our resources, adapt our programs and services and be responsive to the specific needs of the community and the individual clients we serve. I look forward to the coming year, to the changes on the horizon, and to new opportunities to work with the young people of our Community.

Thank You! Carol Beauchamp

Message from the President of the Board:

This past year has been a dynamic one for Rebound. In addition to our active core services, new programs have been developed in response to community needs, many of which are in association with community partners who share our vision of being a positive influence in the lives of the children, youth and families we serve. Start-up funding for new programming has been made available by the County of Northumberland whose support and encouragement is most welcomed, and appreciated.

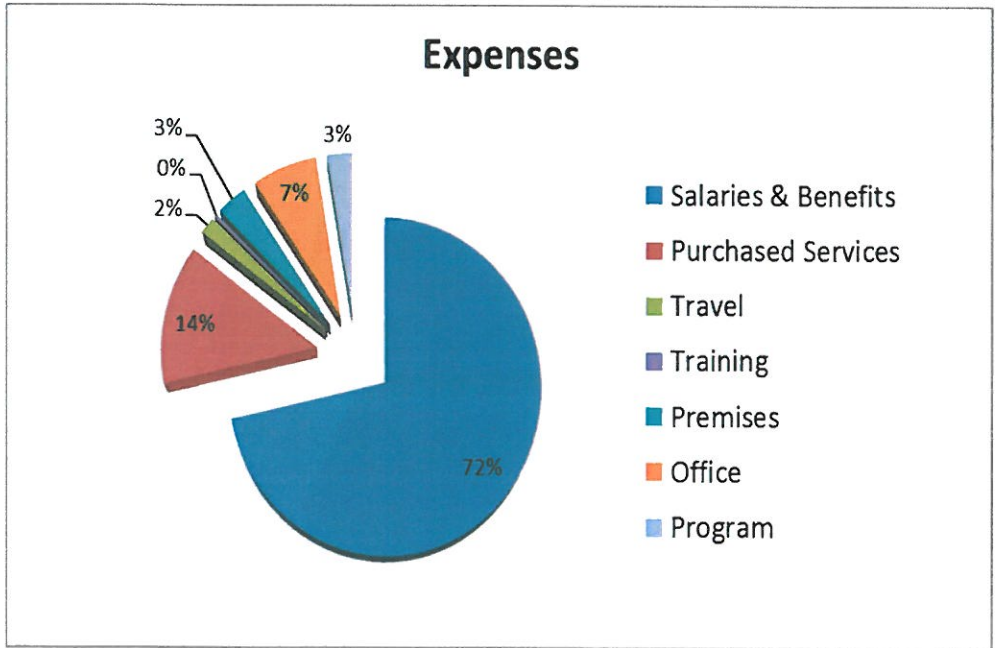
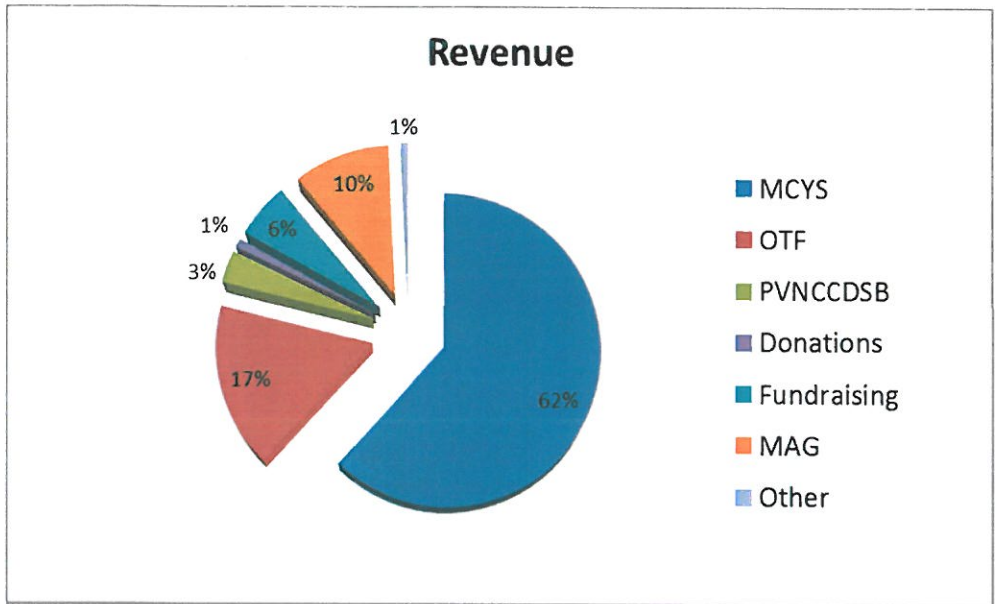
Other funders whose financial assistance makes it possible for us to continue offering programs and supportive services to over **seven hundred** Northumberland children and young people each year, include the Ministry of Children & Youth Services, the Ministry of the Attorney General, the Ontario Trillium Foundation, the Northumberland United Way, local Service Clubs, the Business Community, and the generosity of local donors, to all of whom we are indeed truly grateful.

Among others who have our thanks, are our Directors whose individual skills and commitment have been fundamental in sustaining a healthy, vibrant organization.

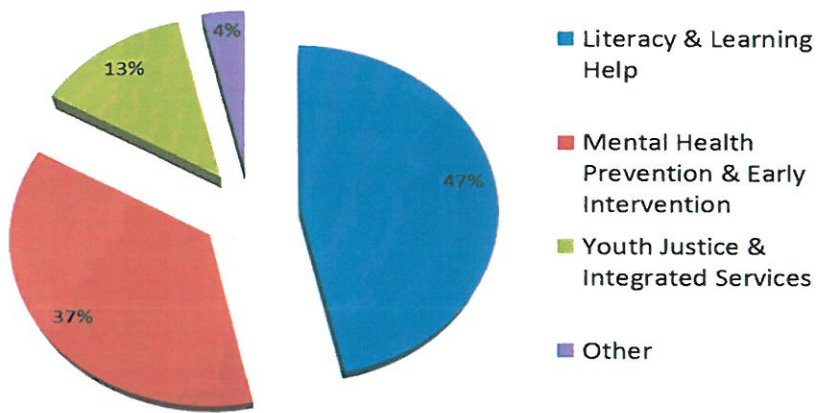
Our Executive Director, Carol Beauchamp, who in large measure, is responsible for Rebound's excellent assessment in a recent in-depth study of our organization by the Ministry of Children and Youth Services, and of course our dedicated Staff, our most important resource, who provide the needed support and assistance to those we serve. Lastly, our thanks to the many wonderful volunteers whose contribution is so important in carrying out our Mission of positive change.

We look forward to the coming year with optimism knowing we have a well-managed, effective and nimble organization that can accommodate change, and continue to provide a very necessary community resource.

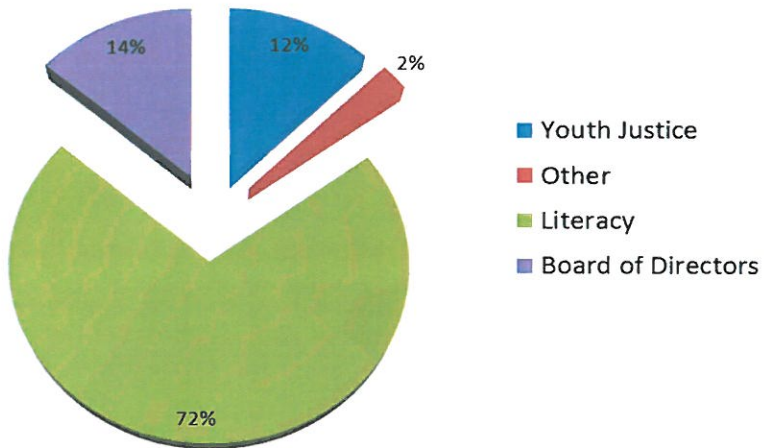
Jon Tondeur
President



Youth Served by Category



Program Volunteers





Volunteers at REBOUND have donated over 4000 hours to the children & youth of Northumberland County. That is the equivalent of 2 full time employees for a year! Of those 4000+ hours 90 % of that time has been spent sharing their invaluable expertise and passion with children & youth in our various programs, the remainder of our volunteers work directly to help support Rebound in their fundraising /event planning initiatives as well as the amazing commitment of our Board Members. **THANK YOU!**

"She's loving it and Kelly"

from Christine Doherty, mother of Kayla.

"Cassie has been wonderful for Henry. She has been kind and patient and Henry adores her. He has benefited from her guidance and his grades have improved"

from Natasha Hilliard mother of Henry.

"Katie is a sweetheart and easy to work with. The hard work and dedication she gave Brooke was amazing-she brought Brooke up three levels in her reading. I have seen the difference when Brooke is reading at home. I can't stress enough the gratitude we have to Katie for helping our little girl with her reading.

I would like to say thank you to all at Rebound for their help!

As Brooke would say, "Katie is a super-star!" From Genevieve Smith, mother of Brooke

"The program runs very well. My daughter is disappointed knowing she won't be able to read with Olivia for two weeks. I am glad to see that reading has become her habit. We greatly appreciated the help from Rebound and TCS. I believe the program is an incredible asset to our community."

From Angela Hao, mother of Victoria



What a Great Year ...!



A successful 1st annual RED RUN



March 2016 RCYS welcomed Lou Rinaldi MPP and Yasir Naqvi MPP Attorney General for an informative tour of Rebound.



Welcome!
Rachel Edwards
to the team



Thank you Tim Hortons for
your generous donation



Thank You
Marca on the Wharf



Thank
you
Shout
Sister-
Cobourg

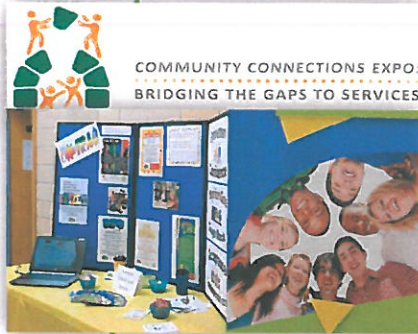


Thank you Knights of Columbus-
Port Hope for the amazing donation



Santa's elf at the 2015 Volunteer
Appreciation and Open House

10 News & Events



COMMUNITY CONNECTIONS EXPO:
BRIDGING THE GAPS TO SERVICES

June 2016
RCYS helped
organize and
participated in the
2016 Community
Connections Expo
at the Cobourg
Community Centre.



May 2016
REBOUND
welcomes
The Ontario
Trillium
Foundation's CEO
Andrea Cohen
Barrack to meet the
Rebound On-TRAC
Team.



Thank You
Knights of Columbus



UNITED WAY DAY OF CARING



CHOOSE YOUR RIDE



BEYOND BOOKS



OPEN HOUSE @ CR GUMMOW

Coming Now 11



RED RUN
getting anger On TRAC

2nd Annual
Sunday October 16, 2016
PRESQU'ILE PROVINCIAL PARK
1km-5km-10km Road & Trail Run

Race day registration starts at 8:30 am

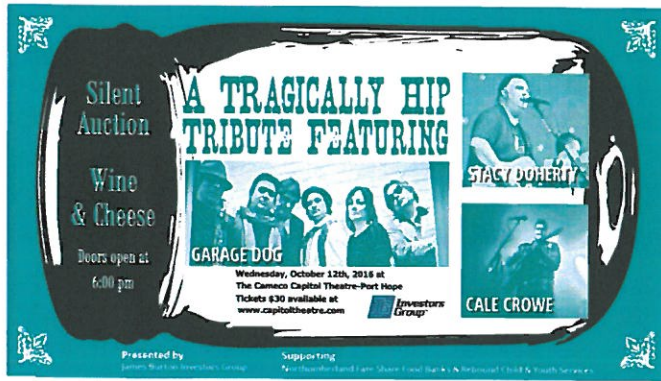
Rebound Child & Youth Services Northumberland & Northumberland Community Counselling Centre's

Run to Support our On-TRAC Anger Awareness & Violence Prevention Programming for Youth

To register: www.runningroom.ca and search RED RUN or www.rcys.ca or Rebound @ 905-372-0007

Registration fee: adults \$35, students & seniors \$25

Come enjoy a BBQ, prizes & a family friendly day!

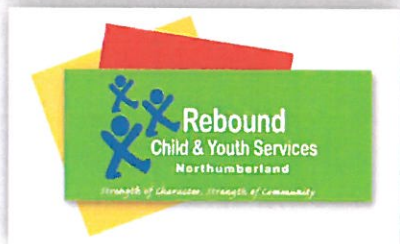



Silent Auction
Wine & Cheese
Doors open at 6:00 pm

A TRAGICALLY HIP TRIBUTE FEATURING
GARAGE DOG
STACY DOHERTY
CALE CROWE

Wednesday, October 12th, 2016 at The Cosmo Capital Theatre-Pier Hope
Tickets \$30 available at www.capitoltheatre.com

Presented by www.rebound.ca Supporting www.rebound.ca



Rebound
Child & Youth Services
Northumberland
Strength of Character. Strength of Community.

20th Anniversary
2017 Fundraising Calendar
Available October 12th, 2016

Small Changes, Big Differences - Real Solutions, for Real Parents



Triple P
Positive Parenting Program




Rebound
Child & Youth Services
Northumberland
Strength of Character. Strength of Community.

A Northumberland Multi-Agency Initiative

12

Carol Beauchamp
Executive Director

Michele Arthurs
Triple P Coordinator
OnTRAC Facilitator

Brandy Samis Moore
YJ Case Worker

Rachel Edwards
Program Facilitator

Angela Hearn
Youth Outreach Case Worker

Pam Powell
Readbound/Volunteer
Coordinator/RSS Facilitator

Shannon McKinnon
YMHCW/YJ Case Worker

Rosemary Orendt
Services/Communication
Coordinator

Sibyl Hayes
Financial Administrator

Victoria Melendy
Administrative Assistant

Rebound Child & Youth Services

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1-877-688-0007
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Charitable Business Number 84619 5949

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